Hempstalls Primary School COME AS YOU ARE AND LEAVE AS A CHAMPION



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FS NEWSLETTER

18TH OCTOBER 2024

Dear Families and Friends of Hempstalls

We have had a wonderful week at Hempstalls

started the week with our Everybody Writes event, the ed around Trea sure Island. A big thank you to our talented staff for putting on a fantastic performance and inspiring everyone to write. We are excited to see the Treasure Island-themed displays around school!

held our Faith in Focus week on Judaism. A special thank you to Mrs. Kabir for all her hard work

I hope you've found our Parent Involvement Calendar helpful for planning the upcoming events this year. We will continue to update it as the year progresses, and we will notify you of any additional events happening throughout the year

Next Wednesday, we are looking forward to our Spooky Disco. Thank you to the PSFA for organising this exciting event!

We are also looking forward to welcoming Year 2, 3, and 4 parents to St. Michael's Church next Thursday for our Harvest celebration. As space is limited, we kindly request that only two parents or carers per child att

On Friday, we are hosting our Year 1 Harvest Workshop, where we invite all parents and carers to come into school. The children have prepared some low songs and would love you to join in with our phonics-themed harvest activities

As a special treat, next Friday is our Spooktacular Day at school! We'd love all the children to come dressed in their spooky outfits, ready to take part in a day filled with dance, drama, story, crafts, and forest school activities. To add to the fun, the kitchen will also be serving a spooky-then half-term

Thank you, as always, for your continued support.

Kind Regards,



CATERPILLARS

This week our story is My mum and dad make me laugh! The children have enjoyed our provision noticing stripes and spots. We have also been focusing on touch counting.

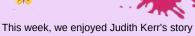
The children thoroughly enjoyed collecting autumn treasures and filling their egg boxes in forest school.

The children also enjoyed their team reward treat - Popcorn. Well done everyone.

Reminders- reading diaries are to be in bags next week to stamp.

Thank you team Caterpillars

On Wednesday 13th of November, we will all be celebrating World Nursery Rhyme Week. One of our activities will be a visit from 'the Sensory storyteller.' The cost of this session is £3.50 for each child and will soon be on arbor for you to pay. Please keep your eye out.



The Tiger Who Came For Tea. We've been getting creative and exploring different forms a of mark-making. Our favourite was definitely 🗽 the paint!

This week, in our outdoor area, we have enjoyed building with blocks, and comparing big and small. In PE, we've been experimenting with different ways of moving. We even used some magic spells to turn ourselves into different creatures.

Reminders: Please return any of our spare

clothing that your child has borrowed. We would be very grateful if you had any outgrown uniforms, underwear, or tights that we could use.

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famly

AUTUMNN TERM 2024

FRIDAY 25TH OCTOBER 2024 **SCHOOL CLOSES FOR HALF TERM TUESDAY 5TH NOVEMBER 2024 -SCHOOL REOPENS FRIDAY 20TH DECEMBER 2024 - SCHOOL CLOSES** FOR CHRISTMAS TUESDAY 7TH **JANUARY 2025 - SCHOOL REOPENS**

RECEPTION LUNCH TIME AWARDS

RB - AURA RMC - HEMAYAL

'Aha me hearties!' We have had a great week in Reception. The whole school has launched the everybody writes text Treasure Island! The children loved the launch in assembly, where the teachers performed a scene from the book. We have made soup this week and tasted it using the vegetables that we explored the previous week. We have been embedding the phonics we have learnt and after the half term we will be learning new phonemes. Please practice the homework sheets as much as possible and read the books that have been sent home. Name cards have also been sent home please buy a white board pen practice as much as possible.

PSFA Disco Wednesday 23rd October more info to follow.

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Please download the app and set up an account to view your child's profile and your personalised news feed.

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2:15-3PM AND BUTTERFLIES (COME DRESSED IN YOUR SPOOKY CLOTHES)

3:15-4PM - RECEPTION BRING CLOTHES LABELLED IN A BAG)

DROP OFF - MAIN OFFICE AND COLLECT - KS2 PLAYGROUND

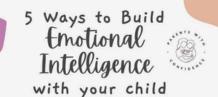
4:15-5PM- KSI (YEAR 1&2)

5:15PM -6PM (YEAR 3&4)

6:15-7PM (YEAR 5&6)



Wellbeing corner



I. Allow my child to express all emotions, to feel is to be human.

> 2.Provide a calm steady presence throughout big emotions.

3.Teach emotion words, emotions need to be identified before they can be worked through.

4. Model empathy for others, reflecting and considering the feelings of others.

5. Practice different coping strategies together.

www.parentswithconfidence.com

Parent or carer of a child with SEN? Would you like to learn about sensory processing?

Join us at this free event where we will look at sensory processing and how we can support SEND children who experience differences with sensory integration







Sensory processing information COFFEE MORNING

Monday 4th November at 10.15am

Venue: at Newcastle Family Hub, Cemetery road, Knutton, N-U-L ST5 6DH



Scan the QR code to let us know if you are coming!





HAPPY HORMONES & HOW TO HACK THEM!

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2-2

Endorphins "The Pain Killer" Laughter Exercise Dark Chocolate Perform a random act of kindness Take a bath Oxytocin "The Snuggle Hormone"

Hold Hands Pet your dog or cat Hold a baby Hug your family Snuggle Give a compliment

Empowering Kids Media



"The Mood Stabilizer"

Aerobic exercise Meditation, Yoga Take a nature walk Practice Gratitude Eat fruits, veggies & nuts Get a healthy dose of sunlight

lelise_counselor