

Hempstalls Primary School Come as you are and leave as a champion







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Newsell

Dear Parents/Carers

This week Year 3 have visited Middleport Pottery museum to consolidate their topic based on local history. The children were super ambassadors for the school and asked so many questions.

Thank you to all the Year 1 parents who attend the phonics workshop this week, the partnerships between school and home is so important for children's leaning.

Champion Moments

Year 5 have had a very busy week with opportunities to take part in bikeablity and police cadets. PCSO Neil Moffat was very complimentary of the children who had taken part in the sessions.

Have lovely weekend.

Miss A Bell Headteacher



Term Dates

School Closes For Half Term: Friday 9th February 2024

26th January 2024

School Reopens: Tuesday 20th February 2024

HEALTHY LUNCH BOXES

Please visit the NHS Healthier Families website for tips and ideas for your child's lunch box and snacks:

Healthy Snacks Web Link

Healthy Lunch Box Web Link



Healthier Food Swaps Link





Bikeability





Middleport Pottery Visit



Fencing - Year 3

Families' Health and Wellbeing

School Nurse Virtual drop in clinic





Join the link and talk to a School Nurse. We provide a confidential and

friendly service

mpft.live/schoolnurse





Attendance and **Punctuality**

Be at school every day and on time! **Every minute of**

Talk about feelings. Talk openly and honestly to your child about feelings, by doing this they can learn to identify and find ways to manage them.

Have fun together. Find fun things you can do together which means that you can both forget about your worries.

Mistakes help us grow. Teach your child that by making mistakes is not bad and that by doing so it helps us to improve ourselves. Tell them about times you have made mistakes and how you coped and improved.

Model ways that you cope with stress. Children learn by watching your behaviour. Show them successful ways in which you manage stress.

Wellbeing TIPS TO HELP YOUR **CHILD TO COPE** WITH WORRY 10 ways to CO-REGULATE with your child



Please be respectful to our local neighbours when parking around the school area please do not block driveways. No dogs allowed on school grounds.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Macaroni Cheese (v)	Pork Sausage and Mashed Potatoes	Roast of the Day with Roast Potatoes and Gravy	Chicken Curry with Rice	Fish and Chips
Vegetarian	Mild Chickpea Coconut Curry with Rice (v)	Vegan Sausage and Mashed Potatoes (v)	Roasted Vegetable Tart with Roast Potatoes and Gravy (v)	Vegetable and Mozzarella Traybake with Rice (v)	Cheese Toastie and Chips (v)
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Vegetables							
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables			
Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)							
Ginger Cake with Custard	Fruit Shortbread	Berry Crumble Traybake with Custard	Chocolate Brownie	Fruit Jelly			

Fresh seasonal salad and bread available daily.

Green



RB - Zara 3P - Oscar RM - Mia 4B - Sophie 1C - Viaan 4K - Darcy

1E - Tanush 5P - Betsy 2C - Oliver H 5T - Paisley

2M - Flynn 6M - Lucas

3MC - Huxley 6P - Lucy

Good To Be Green & Attendance

Congratulations to all the Good to Be Green and 100% attendance winners this week

Good To be Green

Reception & KS1

RB - Jannat, 1C - Isabella, 2C - Mason, Sophie

KS₂

3MC - Rebecca, 4B - Emilia, Emily, 4K - Olivia P, 5P - Charlie, Theo, Zakk, 6P - Leonardo

100% Attendance

Reception & KS1: RB - Ivy, KS2: 6P - Blossom

Class Attendance



Jacksom

Award

For demonstrating the school values of Respect, Resilience, Prepared, Curious, kindness.

1C - Logan 5P - Sophie 2C - Lily 3MC - Jack 4B - Alexia 6M - Alicia

1E - Leen 2M - Flynn & Rory 3P - Llaneva 4K - Shivon 5T - Chloe-Maii 6P - Zoya

WATER **BOTTLES** Only water please in your child's

vater bottle

ZUMBA GOLD®



Hempstalls Primary School Mondays & Tuesdays 7pm

Class fee £5 A dance/fitness Zumba programme for those who

prefer a lower impact

workout. No booking required just turn up at the door and join in with a super friendly group of ladies.

For more information, contact Jennie on 07921820823





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Special Educational Needs & Disabilities



Building in time for discussing worries about school in your daily routine can help over time freeing the mind from worrying during other parts of the day.



Uniform - we have a section of preloved uniform available - please call in to see what we have available.



Tips for keeping your child safe while on social media

- Review the location settings
- Get to know the safety and privacy settings.
- Get to know the age ratings of the apps that your child uses.

Reminder:

Order your children's daily meals via Arbor. Children will have a jacket potato if not ordered.



NEED TO TALK?

If you need to talk - we will listen.

You can talk to any adult in school, but some staff who have a key responsibility for making sure you are safe and well cared for.

Our Designated Safeguarding Leads (DSL) are:



Miss A Bell

Designated
Safeguarding Lead

Officer



Mrs J Hemmings
Deputy Designated
Safeguarding Officer



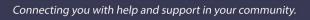
Mrs K Timmis Safeguarding Lead



Mrs E Kirkham Safeguarding Lead



Miss C McDonald
Safeguarding Lead





Staffordshire SEND Local Offer (Special Educational Needs and Disability)

www.staffordshireconnects.info

For children and young people aged 0-25 years

The best place to go to find information about SEND support in Staffordshire.

- Early years and childcare
- Education
- Social Care
- Health and Wellness
- Travel and transportPlaces to go, things to do
- Preparing for adulthood
- Email: localoffer@staffordshire.gov.uk
- Money Matters
- Extra Help available to children, families and settings
- Information and support including support groups and organisations
- Policy information, referral mechanisms, forms and templates

Staffordshire County Council





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For more information, please scan the QR code.