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www.hempstalls.staffs.sch.uk

# newsletter

Dear Parents/Carers,

Happy New Year to you all Team Hempstalls! I hope you have all had a lovely break. As we begin the new year, all children thought about some of the goals that they personally want to achieve and the school values they want to really work on.

As you know we prioritise reading at Hempstalls and we would really appreciate your help with reading with your children at home. The more children are reading, the fluent they become and this helps with their comprehension skills.

A shout out to some of our Y4 children this week who started their bike ability course this week. We are very proud of you.

We welcome some new children into our 2 year old room this week. I am sure they will settle really well and we look forward to see them flourish.

We have our grab bags of food, pre loved uniform, coats and shoes in the school entrance - feel free to come and help yourself. For any additional support please speak to Miss Kirkham.

Thank you for your continued support,

Miss A Bell  
Headteacher

12th January 2024

## Term Dates



School Closes For Half Term:  
Friday 9th February 2024

School Reopens:  
Tuesday 20th February 2024



## PE

Earrings must be removed for all PE sessions including swimming. All children must be able to remove their own earrings independently.



A swimming cap must be worn by all children with long hair during swimming sessions.

### Champion Opportunities

Sport  Balance and Beam	Myself  Setting Own Goals	Sport  Skiing	Myself  Bikeability	Sport  Swimming
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### Internet Safety FOR Families



www.NSPCC.org.uk

### Social Media App age ratings

- Tiktok - age 13+
- Twitter - age 13+
- Wink - age 13+

## wellbeing corner

Families' Health and Wellbeing

**School Nurse virtual drop in clinic**

Every Thursday from 3.30 - 4.30pm

Your School Nurse is here to help you feel healthy, happy and safe during your school years and to get the best from your education.

Join the link and talk to a School Nurse. We provide a confidential and friendly service

[mpft.live/schoolnurse](https://mpft.live/schoolnurse)

MPFT Families Health and Wellbeing Service

Virtual Group Programme

<b>Safer Sleep</b> 22nd Jan 10am 28th Feb 10am	<b>Moving onto Solid Foods</b> 6th Dec 1pm 8th Jan 1pm	<b>Toilet Training</b> 5th Dec 11 am 10th Jan 10am
<b>Infant Feeding- antenatal</b> 30th Jan 10am 4th March 10am	<b>Amazing Babies, Amazing Brains</b> 11th Dec 1.30pm 22nd Jan 1.30pm	<b>Babbling babies, Talking tots</b> 13th Dec 1pm 17th Jan 10am

To find out more and to book a place visit our dedicated bookings page:  
<https://tinyurl.com/2p85wcyh>

or visit our website [www.mpft.nhs.uk/fhw](http://www.mpft.nhs.uk/fhw)

Delivered by Health Visitors Online



## HEALTHY LUNCH BOXES & HEALTHY SNACKS

Please visit the **NHS Healthier Families website** for tips and ideas for your child's lunch box and snacks:

- [Healthy Snacks Web Link](#)
- [Healthy Lunch Box Web Link](#)
- [Healthier Food Swaps Link](#)



## Attendance and Punctuality

Be at school every day and on time!  
Every minute of learning counts!



Please be respectful to our local neighbours when parking around the school area please do not block driveways. No dogs allowed on school grounds.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Tomato Pasta Bake (v)	Meat Feast Pizza	Roast of the Day with Roast Potatoes and Gravy	Bolognese with Pasta	Fish and Chips
Vegetarian	Vegetarian Sausage and Bean Hotpot (v)	Veggie Pizza (v)	Mediterranean Gnocchi Bake (v)	Vegetable Risotto (v)	Cheese and Tomato Pinwheel with Chips (v)
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw
Deli					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
Vegetables					
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)					
Cake with Custard	Oat Fruit Slice	Fruit Crumble with Custard	Cinnamon Fruit Pudding	Chocolate Mousse	

Fresh seasonal salad and bread available daily.



Special Educational Needs & Disabilities



The use sensory activities can be an effective way for children to feel a sense of relaxation, allowing them to be creative and use their imaginations while engaging their senses. Sensory bags, or even boxes, can include any objects your child wishes to put inside.

### REMINDER:

Order your children's daily meals via Arbor. Children will have a jacket potato if not ordered.



### After School Clubs

We hope everyone is enjoying all the after school clubs on offer. If you have not selected an after school club please log on to Arbor to see if there are any spaces left or contact the school office.



## NEED TO TALK?

If you need to talk - we will listen.

You can talk to any adult in school, but some staff who have a key responsibility for making sure you are safe and well cared for.

Our Designated Safeguarding Leads (DSL) are:



Miss A Bell  
Designated Safeguarding Lead Officer



Mrs J Hemmings  
Deputy Designated Safeguarding Officer



Mrs K Timmis  
Safeguarding Lead



Mrs E Kirkham  
Safeguarding Lead



Miss C McDonald  
Safeguarding Lead

### ADMISSION INTO RECEPTION CLASS SEPTEMBER 2024

To be sure of receiving an offer on national offer day please apply online through our website ([please click here](#))

The online system will ask for a UID number - please click 'No UID', this will allow you to continue with your application.

You will need to make your application by **15 January 2024** and your child will receive an offer of a reception place on national offer day 16 April 2024.

### WATER BOTTLES

Only water please in your child's water bottle



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Connecting you with help and support in your community.



## Visit the new Staffordshire SEND Local Offer (Special Educational Needs and Disability) [www.staffordshireconnects.info](http://www.staffordshireconnects.info)

For children and young people aged 0-25 years

### The best place to go to find information about SEND support in Staffordshire.

- Early years and childcare
- Education
- Social Care
- Health and Wellness
- Travel and transport
- Places to go, things to do
- Preparing for adulthood
- Money Matters
- Extra Help available to children, families and settings
- Information and support including support groups and organisations
- Policy information, referral mechanisms, forms and templates

Email: [localoffer@staffordshire.gov.uk](mailto:localoffer@staffordshire.gov.uk)



# FANCY A KICK ABOUT?



In collaboration with Newcastle Town FC, Caudwell Children have hit the back of the net and are excited to announce the launch of our brand-new pan-disability football sessions for children aged 8-16 years old.

### BENEFITS

- \* Learn new skills and techniques
- \* Enter competitions
- \* Pathway to teams
- \* Have fun and make friends

### WHAT YOU WILL NEED

- \* Drink
- \* Suitable outdoor clothing
- \* Suitable 3g pitch footwear

### VENUE & TIMES

Football sessions take place every Friday from 4:15pm until 5:15pm at Roe Lane Playing Fields, Roe Lane, Newcastle-under-Lyme, ST5 3PH.

For more information, please scan the QR code.



## Newcastle Music Centre

Venue: St John Fisher Catholic College, ST5 2SJ  
When: Saturday fortnightly rehearsals

Music Centre Manager: Janine Golds ([janine.golds@entrust-ed.co.uk](mailto:janine.golds@entrust-ed.co.uk))

#### Newcastle Training Wind Band

Time: 09:30-11:30  
Level: Level 1 to Grade 3  
Tutor: Mr Leighton/Mr Foxall

#### Newcastle Stringsters

Time: 09:30-11:30  
Level: Grade 1 to Grade 3  
Tutor: Miss West/Mrs Hickman

#### Newcastle String Orchestra

Time: 09:30-11:30  
Level: Grade 4 and above  
Tutor: Mrs Hollingshurst

#### Newcastle Wind Band

Time: 09:30-12:00  
Level: Grade 4 and above  
Tutor: Mr Farrington/Mr Leighton

#### Unplugged (Guitar Group)

Time: 09:30-10:30  
Level: Grade 1 and above  
Tutor: Mr Oxborrow

#### 'Vox Fortis' Choir

Time: 10:30-11:45  
Level: All voices/ages/ability  
Tutor: Mrs Golds

#### Rock Group

Time: 10:30-11:30  
Level: Beginners and above  
Tutor: Mr Oxborrow

#### Newcastle Blast Off

Time: 09:00-10:00  
Level: Beginners to Grade 1  
Tutor: Mr Foxall/Mrs Hickman

#### Dates

September 23 October 7, 14 November 18 December 2 (+ Concert)  
January 20 February 3 March 2, 16 April 13, 27 May 11 June 15, 29 (+ Concert)



## Could you be a YOUNG CARER?

Do you help look after someone in your family who is unwell, disabled, have a mental health or substance misuse issue. Do you...



It is estimated there are **700,000** Young Carers in the UK, many unaware of the impact that caring is having on their lives

If so, then you could be a Young Carer, and we can help you. You are not alone, about **one in 12 high school students** are Young Carers. If you think you are a Young Carer there is support available. **Letting someone in school or us know could help you** get some support. Staffordshire Together For Carers supports Young Carers aged 5-18 through **information, advice, one to one and group activities.**

In your school you can speak to:

For support or more information about accessing support:  
Staffordshire Together for Carers  
T: 0300 303 0621  
E: [enquiries@staffordshiretogetherforcarers.org.uk](mailto:enquiries@staffordshiretogetherforcarers.org.uk)



To access a Young Carer's Assessment contact:  
Staffordshire County Council Young Carers' Team  
T: 01785 278444  
E: [firstcontactcarers@staffordshire.gov.uk](mailto:firstcontactcarers@staffordshire.gov.uk)



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