



# Hempstalls Primary School

Come as you are and leave as a champion



01782 950082  
 office@hempstalls.staffs.sch.uk  
 www.hempstalls.staffs.sch.uk

# Newsletter

Dear Parents/Carers,

Hempstalls festivities continued this week with our KS1 performance of "Lights, Camel, Action." The children excelled and relished their performances. Thank you to everyone who attended and showed support.

Our school opened its doors to grandparents and the community on Wednesday for a Christmas afternoon filled with music, bingo, and festive refreshments. A heartfelt thanks to our Y6 children for their attentive involvement.

Santa came to visit today and enjoyed joining in with our Christmas party games, which was a lovely end to another year at Hempstalls.

Wishing you all a delightful Christmas, and we eagerly anticipate welcoming you back to school on Monday, January 8th

Miss A Bell  
 Headteacher

22nd December 2023

## Term Dates



School Closes For Christmas:  
 Friday 22nd December 2023

School Reopens:  
 Monday 8th January 2023



Special Educational Needs & Disabilities

## NEED TO TALK?

If you need to talk - we will listen.

You can talk to any adult in school, but some staff who have a key responsibility for making sure you are safe and well cared for.

Our Designated Safeguarding Leads (DSL) are:



Miss A Bell Designated Safeguarding Lead Officer  
 Mrs J Hemmings Deputy Designated Safeguarding Officer  
 Mrs K Timmis Safeguarding Lead  
 Mrs E Kirkham Safeguarding Lead  
 Miss C McDonald Safeguarding Lead

## REMINDER:

Order your children's daily meals via Arbor. Children will have a jacket potato if not ordered.



## ACTIVITIES AND EVENTS OVER THE CHRISTMAS BREAK SUITABLE FOR A CHILD WITH SEND:

- Caudwell Children Centre - Free activities, crafts and events
- North Pole Adventure at National Forest Adventure Park - Autism friendly sessions
- The National Memorial Arboretum - Illuminated Christmas experience suitable for sensory needs
- Local Christmas Pantomines - SEND friendly performances
- Vue Cinema - the last Sunday of every month - SEND friendly session
- Local Santa visits - SEND friendly visits

## Wellbeing corner

### How to help anxious children during the holidays

#### Stick to your routine

It can be difficult during the holiday season to be able to fit everything in. But it's so important to try and stick to your child's usual bedtime routine, this will make them feel secure.

#### Talk

Children can get anxious when they don't know what is happening. By explaining to them what is happening and when during the day they know what to expect and makes them feel more comfortable. You can even put a weekly planner up with all activities/family visits/outings on.

#### Be selective

There can be many activities and events happening around the festive season. Sometimes there is just too many, be selective about which ones you choose to attend, this way it stops your child from being overwhelmed and feeling anxious.

#### Relax

For parents, Christmas can be a stressful time. Make sure you make time for your child and for you to relax together. If you are feeling stressed, it may make your child feel anxious. Try watching a Christmas film together it gives you both time to relax.

## MENTAL HEALTH SUPPORT AT CHRISTMAS

- |                                   |   |   |
|-----------------------------------|---|---|
|                                   | <b>Mind</b> 0300 123 3393   | Open Christmas Day? <input checked="" type="checkbox"/> |
|                                   | <b>Young Minds</b> 0808 801 0576 (Under 18s)<br>0808 802 5544 (Parents) | <input checked="" type="checkbox"/>                     |
|                                   | <b>Kooth</b> www.kooth.com  | <input checked="" type="checkbox"/>                     |
|                                   | <b>The Mix</b> 0808 808 4994  | <input checked="" type="checkbox"/>                     |
|                                   | <b>NSPCC</b> 0808 800 5000  | <input checked="" type="checkbox"/>                     |
|                                   | <b>Samaritans</b> 116 123   | <input checked="" type="checkbox"/>                     |
|                                   | <b>Childline</b> 0800 1111  | <input checked="" type="checkbox"/>                     |
|                                   |   | <input checked="" type="checkbox"/>                     |
| <b>In crisis? Dial 111 or 999</b> |   | <input checked="" type="checkbox"/>                     |



Please be respectful to our local neighbours when parking around the school area please do not block driveways. No dogs allowed on school grounds.

## CAREER EVENTS



We are always keen to hear about different careers our parents and wider community are part of. Please email me if you are willing to answer any questions our children have to ask as we are planning our careers events in the new year.

Miss Bell, Headteacher: [email link](#)

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Macaroni Cheese (v)	Pork Sausage and Mashed Potatoes	Roast of the Day with Roast Potatoes and Gravy	Chicken Curry with Rice	Fish and Chips
Vegetarian	Mild Chickpea Coconut Curry with Rice (v)	Vegan Sausage and Mashed Potatoes (v)	Roasted Vegetable Tart with Roast Potatoes and Gravy (v)	Vegetable and Mozzarella Traybake with Rice (v)	Cheese Toastie and Chips (v)
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
<b>Deli</b>					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
<b>Vegetables</b>					
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
<b>Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)</b>					
Ginger Cake with Custard	Fruit Shortbread	Berry Crumble Traybake with Custard	Chocolate Brownie	Fruit Jelly	

Fresh seasonal salad and bread available daily.



## CHAMPION AWARD

- |              |                |
|--------------|----------------|
| RB - Nevaeh  | 3P - Krystal   |
| RM - Maila   | 4B - Alexander |
| 1C - Mario   | 4K - Alice     |
| 1E - Bastian | 5P - Oliver    |
| 2C - Logan   | 5T - Megan     |
| 2M - Teddy   | 6M - Jacob     |
| 3MC - Jenson | 6P - Leonardo  |



## Good To Be Green & Attendance

Congratulations to all the Good to Be Green and 100% attendance winners this week

### Good To be Green Reception & KS1

- RM - Georgia, Joseph, 1C - Douglas, 1E - Tobias  
**KS2**  
 3P - Lana, Laurena, Olive, 4B - Alice, 4K - Jacob,  
 5P - Lexi, 6M - Keanu, 6P - James

### 100% Attendance

Reception & KS1: RB - Ava-Anne, **KS2:** 5P - Olivia B-W

### Class Attendance

4B



## Jackson Award

For demonstrating the school values of Respect, Resilience, Prepared, Curious, kindness.

- |              |               |             |                |            |             |
|--------------|---------------|-------------|----------------|------------|-------------|
| 1C - Elakshi | 2C - Oliver H | 3MC - Isaac | 4B - Rue-Suzie | 5P - Indie | 6M - Emily  |
| 1E - Theo    | 2M - Alfie    | 3P - Lucas  | 4K - Daniel    | 5T - Harry | 6P - Alexia |

## ADMISSION INTO RECEPTION CLASS SEPTEMBER 2024

To be sure of receiving an offer on national offer day please apply online through our website ([please click here](#))

The online system will ask for a UID number - please click 'No UID', this will allow you to continue with your application.

You will need to make your application by **15 January 2024** and your child will receive an offer of a reception place on national offer day 16 April 2024.

## WATER BOTTLES

Only water please in your child's water bottle

## Pre-loved UNIFORM

PLEASE ASK AT THE OFFICE FOR MORE DETAILS

Uniform - we have a section of pre-loved uniform available - please call in to see what we have available.



Please be respectful to our local neighbours when parking around the school area please do not block driveways. No dogs allowed on school grounds.



Connecting you with help and support in your community.



## Visit the new Staffordshire SEND Local Offer

(Special Educational Needs and Disability)

[www.staffordshireconnects.info](http://www.staffordshireconnects.info)

*For children and young people aged 0-25 years*

### The best place to go to find information about SEND support in Staffordshire.

- Early years and childcare
- Education
- Social Care
- Health and Wellness
- Travel and transport
- Places to go, things to do
- Preparing for adulthood
- Money Matters
- Extra Help available to children, families and settings
- Information and support including support groups and organisations
- Policy information, referral mechanisms, forms and templates

Email: [localoffer@staffordshire.gov.uk](mailto:localoffer@staffordshire.gov.uk)



Please be respectful to our local neighbours when parking around the school area please do not block driveways. No dogs allowed on school grounds.

Follow us on our social networks:



[twitter.com/HempstallsA](https://twitter.com/HempstallsA)



[www.facebook.com/HempstallsPS/](https://www.facebook.com/HempstallsPS/)