



Hempstalls Primary School

COME AS YOU ARE AND LEAVE AS A CHAMPION



www.hempstalls.staffs.sch.uk



office@hempstalls.staffs.sch.uk



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NEWSLETTER

Dear Families of Hempstalls,

We have had a very busy week here at Hempstalls.

Firstly, a big congratulations to all our champions in Year 5 who had an exhilarating day at the ski centre, and to Year 6 who enjoyed a well-deserved treat at Splash Landings following their SATS.

A special mention goes out to our Good to be Gold children who earned a trip to the cinema to see 'If' for their exceptional behavior around school. Your exemplary conduct has not gone unnoticed, and we are incredibly proud of you all.

I am thrilled to share the buzz surrounding Reception's Champion Bee Themed Day, which took place on Monday! Our little champions embraced the theme wholeheartedly by dressing up as bees, creating a vibrant and cheerful atmosphere around school. Throughout the day, our children had the opportunity to delve into the fascinating world of bees, learning all about their life cycles and the important role they play in our ecosystem. From hive to honey, they explored every aspect of these remarkable creatures with curiosity and wonder. To top it all off, we had a special visit from a beekeeper, who shared their expertise and insights into the fascinating world of beekeeping.

The excitement continued with our Hempstalls finale, culminating in a thrilling morning of TT Rockstars. The creativity and enthusiasm displayed in your rockstar outfits were simply amazing! Well done to all our rockstars, and keep practicing those timetables - you are all shining brightly!

And of course, Hempstalls has Talent was a highlight as always, showcasing the incredible skills and performances of our talented children. It is moments like these that truly make our school community shine.

As we head into the half term break, I want to express my heartfelt gratitude for your continued support. Your partnership in your children's education is invaluable.

Wishing you all a relaxing and enjoyable half term. Take this time to recharge and create wonderful memories with your families.

Thank you once again for your unwavering support.

24TH MAY 2024

TERM DATES



Friday 24th May - Finish for half term
Monday 3rd June - Inset day
Tuesday 4th June - Return to school



Attendance and punctuality

Be at school every day and on time!

Year 4B trip - Kibblestone

Friday June 7th

Kibblestone

International Scout Camp



Wellbeing corner

visualize your happy place go for a walk work on time management

move your body make a gratitude list Talk to someone you trust

Journal drink water garden yoga positive self talk

paint your nails dance take a bath read listen to music

declutter Meditate deep breathing rest

get fresh air Identify your feelings learn something new coloring

ask for help sing play with a pet use aromatherapy create a todo list

pray triggers

POSITIVE COPING SKILLS
@Personalitygirl

POSITIVE THINGS TO SAY TO YOUR CHILD

You are helpful	Be yourself	I'm listening
You have such great ideas	I know you did your best	You did that so well
I believe in you	Being kind doesn't make you weak	That's a great question
You make me proud	It's okay to be scared sometimes	Keep on trying
We love spending time with you	You can make a difference	You were right
Everyone makes mistakes		

www.thestillmethod.com



- Parent Protect - Internet Safety
- Keeping children safe online - NSPCC
- Keep Children Safe Online - Internet Matters

Some useful parent links to help keep our children safe online.



Please be respectful to our local neighborhoods when parking around the school area, please do not block driveways. No dogs allowed on school grounds.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	'Mac and Squash' Cheese	Sausage and Mash with Gravy	Roast Chicken with Roast Potatoes & Gravy	Asian Chicken Noodles or Rice	Crispy Baked Fish with Chips
Vegetarian	Pasta Primavera	Veggie Sausage Traybake with Mash	Roasted Vegetable Tart with Roast Potatoes	Thai Veggie Fried Rice	Onion Bhaji and Chutney Wrap with Chips
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
Deli					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
Vegetables					
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)					
Orange Shortbread	Apple & Rhubarb Crumble with Custard	Crispy Cake	Coconut Berry Vegan Cake	Dessert	

Fresh seasonal salad and bread available daily.



CHAMPION AWARD

- | | |
|-----------------------|---------------------|
| RB - Porscha | 3P - Maria |
| RM - Nancy | 4B - Ashley |
| 1C - Emilia | 4K - Steven |
| 1E - Akram | 5T - William |
| 2C - Eliza | 5P - Sophie |
| 2M - Lucas | 6P - Lewis |
| 3MC - Oliver M | 6M - Louise |

GOOD TO BE GREEN & ATTENDANCE

Congratulations to all the Good to Be Green and 100% attendance winners this week

Good to Be Green

Reception & KS1

1E - Isabella & Harper & Leon, 2C - Isla

KS2

4B - Isabelle, 4K - Lucas L, Noah, 5T - James & Kaiden-Lee, 6M - Owen, 6P - Jayden & Holly

100% Attendance

Reception & KS1 - Macie (1E) & Albert (1C) KS2 - Riley (4K)

Class Attendance

6M & 6P

JACKSON 5 AWARD

- | | | | | | |
|--------------------|----------------------|--------------------|-------------------|--------------------|---------------------|
| 1C - Dylan | 2C - Rosie | 3P - Blake | 4K - Ronni | 5T - Kaiden | 6M - Owen |
| 1E - Harper | 2M - Demi-lei | 3MC - Oscar | 4B - Jack | 5P - Oliver | 6P - Harry G |

WATER BOTTLES

Only water please in your child's water bottle

ZUMBA GOLD®



Hempstalls Primary School
Mondays & Tuesdays
7pm
Class fee £5

A dance/fitness Zumba programme for those who prefer a lower impact workout. No booking required, just turn up at the door and join in with a super friendly group of ladies.
For more information, contact Jennie on 07921820823



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CHAMPION MOMENTS



SKINING AND TUBING



HEMPSTALLS GOT TALENT



SPLASH LANDING

YOUR TRASH IS OUR TREASURE!

AT HEMPSTALLS, IN THE EYFS DEPARTMENT WE ARE IN THE PROCESS OF DEVELOPING OUR LEARNING ENVIRONMENTS. WE ARE EAGER TO GATHER WOODEN, NATURAL & REAL RESOURCES FOR OUR CLASSROOM THAT WILL ENHANCE LEARNING AND VOCABULARY FOR OUR CHILDREN AND CREATE A PURPOSEFUL, CALM AND INVITING ENVIRONMENT.

IF YOU HAVE ANY OF THE BELOW YOU WOULD BE HAPPY TO DONATE, OR YOU KNOW WHERE WE COULD SOURCE ITEMS THAT ARE IN GOOD CONDITION PLEASE SPEAK TO YOUR CLASS TEACHER / ROOM LEADER.

WE ARE LOOKING FOR ...
• **OLD SAUCEPANS / KITCHEN UTENSILS**
• **WOODEN CRATES**
• **ELECTRICAL CABLE DRUMS**
• **PICTURE FRAMES**
• **SMALL RUGS / MATS**
• **BASKETS**

**THANK YOU FOR YOUR CONTINUED SUPPORT
MRS MULLOCK (ASSISTANT HEAD / EYFS LEADER)**





What Parents & Carers Need to Know about

WHATSAPP

AGE RESTRICTION
13+

MSG ME...

WHAT ARE THE RISKS?

With more than two billion active users exchanging texts, photos, videos and documents, as well as making voice and video calls, WhatsApp is the world's most popular messaging service. Its end-to-end encryption only allows messages to be viewed by the sender and any recipients: not even WhatsApp itself can read them. This privacy issue has been in the spotlight recently, as the UK's Online Safety Bill proposes to end such encryption on private messaging; WhatsApp is unwilling to do so and has reportedly considered withdrawing its service in the UK should this legislation go ahead.

INVOLVING SCAMS

WhatsApp's popularity makes it a creative hunting ground for scammers. Recent examples include posing as the target's child, requesting a money transfer because of a spurious 'emergency', or a scam where fraudsters trigger a verification message by tempting to log in to your account, then (posing as WhatsApp) call or text to ask you to repeat the code back to them, giving them access.

ONLINE

'VIEW ONCE' CONTENT

The facility to send images or messages that can only be viewed once has led to some WhatsApp users sharing inappropriate images or abusive texts, knowing that the recipient can't re-open them later to use as evidence of misconduct. People used to be able to screenshot this 'disappearing' content - but a recently added WhatsApp feature now blocks this, citing increased privacy.

CONTACT FROM STRANGERS

To start a chat, someone only needs the mobile number of the WhatsApp user that they want to message. If your child has ever given their number out to someone they don't know, that person could then contact them via WhatsApp. It's also possible that your child might be added to a group chat (by one of their friends, for example) containing other people that they don't know.

CHAT LOCK

Another new option allows users to store certain messages or chats in a separate 'locked chats' folder, saved behind a passcode, fingerprint or face ID authentication. The risk here is that this function creates the potential for young people to hide conversations and content that they suspect their parents wouldn't approve of (such as age-inappropriate material).

FAKE NEWS

WhatsApp's connectivity and ease of use allows news to be shared rapidly - whether it's true or not. To combat the spread of misinformation, messages forwarded more than five times on the app now display a "Forwarded any times" label and a double check icon. This makes users aware that the message they've just received is far from an original ... and might not be entirely factual, either.

NEWS

VISIBLE LOCATION

WhatsApp's 'live location' feature lets users share their current whereabouts, which can be helpful for friends meeting up or parents checking that their child's safely on the way home, for example. However, anyone in your child's contacts list or in a mutual group chat can also track their location - potentially letting strangers identify a child's home address or journeys that they make regularly.

Advice for Parents & Carers ...TYPING...

EMPHASISE CAUTION

Encourage your child to treat unexpected messages with caution: ask them to consider, for example, whether the message sounds like something a friend or relative would really send them. Make sure they never to share personal details over WhatsApp, and to be wary of clicking on any links in messages. Setting up two-step verification adds a further layer of protection to their WhatsApp account.



THINKING BEFORE SHARING

Help your child to understand why it's important to stop and think before posting or forwarding something on WhatsApp. It's easy - and all too common - for content to then be shared more widely (even publicly on social media). Encourage your child to consider how an ill-judged message might damage their reputation or upset a friend who sent something to them in confidence.

ADJUST THE SETTINGS

It's wise to change your child's WhatsApp settings (go to 'Privacy', then 'Groups') to specify which of their contacts can add them to group chats without needing approval; you can give permission to only 'Contacts' or 'My Contacts Except ...'. Additionally, if your child needs to use 'live location', emphasise that they should enable this function for only as long as they need - and then turn it off.



CHAT ABOUT PRIVACY

Some parents like to check in with their child about how they're using WhatsApp, explaining that it will help to keep them safe. If you spot a 'Locked Chats' folder, you might want to talk about the sort of chats that are in there, who they're with and why your child wants to keep them hidden. Also, if your child has sent any 'view once' content, you could discuss their reasons for using this feature.



Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



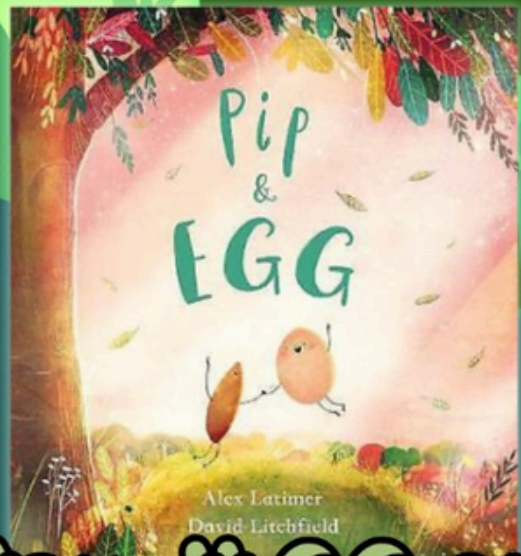
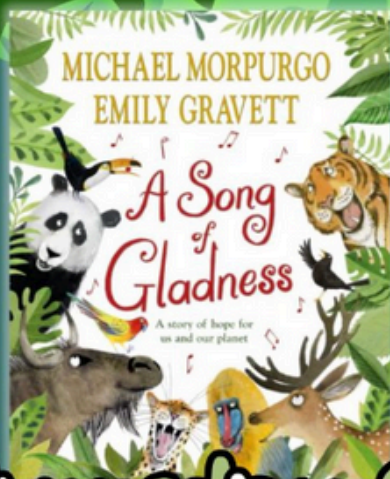
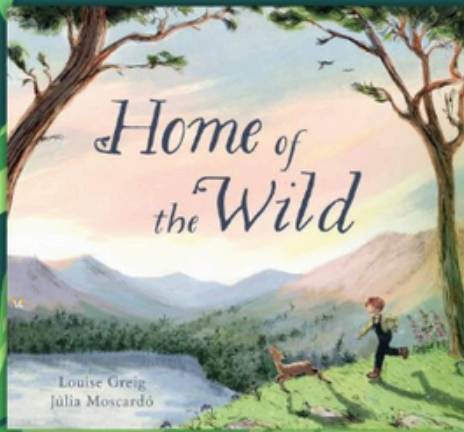
...HEY
OS #WakeUp
Wednesday®

The National College®

Source: <https://blog.whatsapp.com/an-open-letter> | <https://faq.whatsapp.com/1077018839582332> | https://faq.whatsapp.com/361005896189245?hlref=hc_fnav | <https://www.whatsapp.com/security> | <https://blog.whatsapp.com/chat-lock-making-your-most-intimate-conversations-even-more-private> | <https://www.aura.com/learn/whatsapp-scams>

GREEN TALES FOR WILD KIDS

NATURE-BASED STORYTIME, IN ASSOCIATION WITH
GREEN LIBRARIES MONTH



Thursday 30th May, 11:00 am

F(able): Fierce Fairytales for the Next Generation of Heroes!



F(able): Fierce Fairytales for the Next Generation of heroes is a funny, uplifting and modern theatrical retelling of fairytales, where disabled characters are the heroes!

Newcastle Library
Tuesday 28th May 11am

FREE - Please Book

Through storytelling, animation and with an exciting original soundtrack, come and experience fairytales like you have never experienced before!

Captioned, integrated audio description throughout this 30-minute performance.

Free - but limited seats available

To book, Call 01782 485312

newcastle.library@staffordshire.gov.uk



Suitable for 5 to 11 year olds
& big kids welcome!

Made possible thanks to:

FRONTLINE
dance

PERFORMANCE. HEALTH. COMMUNITY.

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Staffordshire
County Council