



[www.hempstalls.staffs.sch.uk](http://www.hempstalls.staffs.sch.uk)



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# NEWSLETTER

Dear Friends and Families of Hempstalls,

A big shout out goes to Year 6 this week. We are absolutely blown away by their SATS results received this week. Not only are we proud of their academic success, but also of their participation in the wider curriculum and their performances of Shrek the Musical. Each and every child had a particular role to play, even if they were not on stage, and they were accompanied by our Year 5 Champions too. It was definitely one of the best productions I have seen at Hempstalls. A huge well done to Team Year 6!

Cubs and Nursery have had their sports mornings over the last couple of weeks, and they all did brilliantly. Nursery also had a wonderful celebration for their graduation today. Thank you for coming to celebrate with us.

Enjoy reading your child's end-of-year report. We are all so proud of each and every one of our Champion children. Should you wish to discuss your child's report, please speak to your child's class teacher to arrange a meeting.

Thank you for your continued support. Enjoy the football weekend ahead.

Miss A Bell  
Headteacher

**12TH JULY 2024**

## TERM DATES



Friday 19th July - Finish for Summer



**Attendance and punctuality**

Be at school every day and on time!

## Wellbeing corner

### Who is doing School Uniform discounts this Summer?



25% off School Uniform, starting on Tuesday 23rd July.



25% off School Uniform until Thursday 27th June.



20% off all School Uniform from Thursday 2nd July.



£5 School Uniform Bundle available from Thursday 4th July.



FREE TO BOOK ON TERM TIME ONLY

## FAMILY GROUP COURSES

Staffordshire County Council

We understand that parenting is hard at times and can be overwhelming.

For more information and to book your place at [groupwork@staffordshire.gov.uk](mailto:groupwork@staffordshire.gov.uk)

FREE courses for parents and carers! Please email your name, child's name and date of birth, together with your contact number, address.

More information will be posted on our Facebook page when the new term groups are released.

For professionals - please complete the groupwork referral form and send to the above email.

**Thursday 18th  
July Year 6  
Festival**



- Parent Protect - Internet Safety
- Keeping children safe online - NSPCC
- Keep Children Safe Online - Internet Matters

Some useful parent links to help keep our children safe online.



Please be respectful to our local neighborhoods when parking around the school area, please do not block driveways. No dogs allowed on school grounds.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main</b>	Margherita Pizza (v)	Tuscan Chicken with New Potatoes	Roast Chicken with Roast Potatoes and Gravy	Beef Bolognese with Pasta	Oven Baked Fish Fingers with Chips
<b>Vegetarian</b>	Crispy Noodles	BBQ Baked Beans and Cheese Pastry Pocket with New Potatoes	Loaded Meatless Meatball Bake with Wedges	Lasagne Verdi	Cheese and Tomato Pizza Pinwheel with Chips
<b>3rd Options</b>	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw
<b>Deli</b>					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
<b>Vegetables</b>					
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
<b>Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)</b>					
Jelly	Fruit Shortbread	Oat Fruit Slice	Garden Brownie	Easiyo Mousse	

Fresh seasonal salad and bread available daily.



WEEK 7

## CHAMPION AWARD

<b>RB - Nevaeh</b>	<b>3P - Chloe</b>
<b>RM - Lucas</b>	<b>4B - Penelope</b>
<b>1C - Louis-Joe</b>	<b>4K - Lucas L</b>
<b>1E - Isabella</b>	<b>5T - Harriet</b>
<b>2C - Mia</b>	<b>5P - Acacia &amp; Olivia B</b>
<b>2M - Reuben</b>	<b>6P - Holly</b>
<b>3MC - Isaac</b>	<b>6M - Darcy</b>

## GOOD TO BE GREEN & ATTENDANCE

Congratulations to all the Good to Be Green and 100% attendance winners this week

### Good to Be Green

#### Reception & KS1

RB - Lovie & Ethan & Layton, 1C - Elsie

#### KS2

3MC - Liara, 3P - Chloe, 4B - Millie, 4K - Lucas, 5P - Hollie-May, 6P - James & Jayden-Mark

### 100% Attendance

Reception & KS1 - Christopher (1C)

KS2 - Willow (4K)

### Class Attendance

RB



## JACKSON 5 AWARD

<b>1C - Elakshi</b>	<b>2C - Martha</b>	<b>3P - Ella W</b>	<b>4K - Adam</b>	<b>5T - Mason</b>	<b>6M - Maison</b>
<b>1E - Azlan</b>	<b>2M - Bobbie</b>	<b>3MC - Lexi-Mai</b>	<b>4B - Benjamin</b>	<b>5P - Maksym</b>	<b>6P - Oliver</b>

**WATER BOTTLES**

Only water please in your child's water bottle

**ZUMBA GOLD®**



Hempstalls Primary School  
Mondays & Tuesdays  
7pm  
Class fee £5

A dance/fitness Zumba programme for those who prefer a lower impact workout. No booking required, just turn up at the door and join in with a super friendly group of ladies.  
*For more information, contact Jennie on 07921820823*



Please be respectful to our local neighborhoods when parking around the school area, please do not block driveways. No dogs allowed on school grounds.

# CHAMPION MOMENTS



**PERFORMING IN A MUSICAL**



**SPORTS DAY**



**SWIMMING**

## YOUR TRASH IS OUR TREASURE!

**AT HEMPSTALLS, IN THE EYFS DEPARTMENT WE ARE IN THE PROCESS OF DEVELOPING OUR LEARNING ENVIRONMENTS. WE ARE EAGER TO GATHER WOODEN, NATURAL & REAL RESOURCES FOR OUR CLASSROOM THAT WILL ENHANCE LEARNING AND VOCABULARY FOR OUR CHILDREN AND CREATE A PURPOSEFUL, CALM AND INVITING ENVIRONMENT.**

**IF YOU HAVE ANY OF THE BELOW YOU WOULD BE HAPPY TO DONATE, OR YOU KNOW WHERE WE COULD SOURCE ITEMS THAT ARE IN GOOD CONDITION PLEASE SPEAK TO YOUR CLASS TEACHER / ROOM LEADER.**

**WE ARE LOOKING FOR ...**  
**• OLD SAUCEPANS / KITCHEN UTENSILS**  
**• WOODEN CRATES**  
**• ELECTRICAL CABLE DRUMS**  
**• PICTURE FRAMES**  
**• SMALL RUGS / MATS**  
**• BASKETS**

**THANK YOU FOR YOUR CONTINUED SUPPORT**  
**MRS MULLOCK ( ASSISTANT HEAD / EYFS LEADER)**



# 12 Top Tips for BUILDING CYBER RESILIENCE AT HOME

As a society, we're increasingly using technology and tech services in the home. Digital assistants which can adjust the heating or turn lights on and off; streaming services for shows and movies on demand; games consoles; smart speakers; phones; laptops ... the list goes on. As we introduce each new gizmo to our homes, however, we increase the level of threat from cyber criminals. It's essential, therefore, that we learn to become more cyber resilient in relation to the devices and digital services that the people in our household use.

## WHAT IS 'CYBER RESILIENCE'?

Cyber resilience focuses on three key areas: reducing the likelihood of a cyber attack gaining access to our accounts, devices or data; reducing the potential impact of a cyber incident; and making the recovery from a cyber attack easier, should we ever fall victim to one.

### 1. PASSWORDS: LONGER AND LESS PREDICTABLE

The longer, less common and predictable a password is, the more difficult it becomes for cyber criminals to crack. The National Cyber Security Centre's 'three random words' guidelines are ideal for creating a long password which is easy to remember but hard to guess.

### 2. AVOID RE-USING PASSWORDS

When you use the same password across different logins, your cyber resilience is only as strong as the security of the weakest site or service you've signed up for. If cyber criminals gain access your username and password for one site or service, they'll definitely try them on others.

### 3. USE A PASSWORD MANAGER

A good way to juggle different passwords for every site or service you use is to have a password manager. This software stores all your passwords for you, so you simply need to remember the master password. LastPass, Dashlane, 1Password and Keeper are all excellent password managers.

### 4. BACK UP YOUR DATA

Keep a copy of your data using OneDrive, Google Drive or another reputable cloud-based storage solution. If it's extremely important or sensitive information, you could even decide to keep more than one back-up version - by saving it to a removable USB drive or similar device, for example.

### 5. ENABLE MULTI-FACTOR AUTHENTICATION (MFA)

Multi-factor authentication is where you need access to your phone (to receive a code, for example) or another source to confirm your identity. This makes it far more difficult for cyber criminals to gain entry to your accounts and your data, even if they do manage to get your username and password.

### 6. CHOOSE RECOVERY QUESTIONS WISELY

Some services let you set 'recovery questions' - such as your birthplace or a pet's name - in case you forget your password. Take care not to use information you might have mentioned (or are likely to in future) on social media. More unpredictable answers make cyber criminals' task far harder.

### 7. SET UP SECONDARY ACCOUNTS

Some services provide the facility to add secondary accounts, phone numbers and so on to help with potentially recovering your account. Make sure you set these up: they will be vital if you're having trouble logging in or if you're trying to take back control of your account after a cyber attack.

### 12. STAY SCEPTICAL

Cyber criminals commonly use various methods, including emails, text messages and social media posts. Be cautious of any messages or posts that are out of the ordinary, offer something too good to be true or emphasise urgency - even if they appear to come from someone you know.

### 11. KEEP HOME DEVICES UPDATED

Download official software updates for your household's mobile phones, laptops, consoles and other internet-enabled devices regularly. Security improvements and fixes are a key feature of these updates - so by ensuring each device is running the latest version, you're making them more secure.

### 10. CHANGE DEFAULT IOT PASSWORDS

Devices from the 'Internet of Things' (IoT), such as 'smart' home appliances, are often supplied with default passwords. This makes them quicker to set up, but also less secure - criminals can identify these standard passwords more easily, so change them on your IoT devices as soon as possible.

### 9. CHECK FOR BREACHES

You can check if your personal information has been involved in any known data breaches by entering your email address at [www.haveibeenpwned.com](http://www.haveibeenpwned.com) (yes, that spelling is correct!). It's useful if you're worried about a possible attack - or simply as motivation to review your account security.

### 8. KEEP HAVING FUN WITH TECH

Consider our tips in relation to the gadgets and online services your household uses. Protect yourself and your family, and don't let the bad guys win: devices are not only integral to modern life but also a lot of fun - so as long as you keep safety and security in mind, don't stop enjoying your tech.

## Meet Our Expert

Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that adults and children alike become more aware of the risks associated with technology, as well as the many benefits.



NOS National Online Safety®

#WakeUpWednesday

Source: [www.ncsc.gov.uk/collection/top-tips-for-staying-secure-online/three-random-word](http://www.ncsc.gov.uk/collection/top-tips-for-staying-secure-online/three-random-word) | <https://haveibeenpwned.com>



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



@atonlineasafety



/NationalOnlineSafety



@nationalonlinesafety

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# OPEN EVENING 2024



**19TH  
SEPTEMBER  
2024  
6PM - 9PM**

**COME AND MEET OUR  
FANTASTIC STAFF AND  
PUPILS**

**IF YOU WOULD LIKE TO SEE  
US IN ACTION ON A  
NORMAL SCHOOL DAY,  
PLEASE CALL OUR SCHOOL  
OFFICE TO ARRANGE A  
TOUR AT YOUR  
CONVENIENCE**

**NO  
BOOKINGS  
REQUIRED**



Funded by  
UK Government

## Financial Wellbeing Support

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**Are you struggling with the cost of living?**

**Would you like to check your benefits and find out about funding for childcare?**



**Would you benefit from some support and advice about managing your budget?**

**Would you like some support in reducing your household bills?**



**If so, drop in to our Family Finance Event**

**Date: Tuesday 16<sup>th</sup> July**

**Time: 1-4 pm**



**Venue: Kidgrove Library  
Meadows Road  
ST7 1BS**

**HOUSEHOLD  
SUPPORT FUND**



Staffordshire  
County Council



**Staffordshire**  
**Sight Loss**

# FAMILY FUN DAY



Friday 26th July  
11am to 3pm

BURSLEM PARK,  
STOKE-ON-TRENT, ST6 1EB

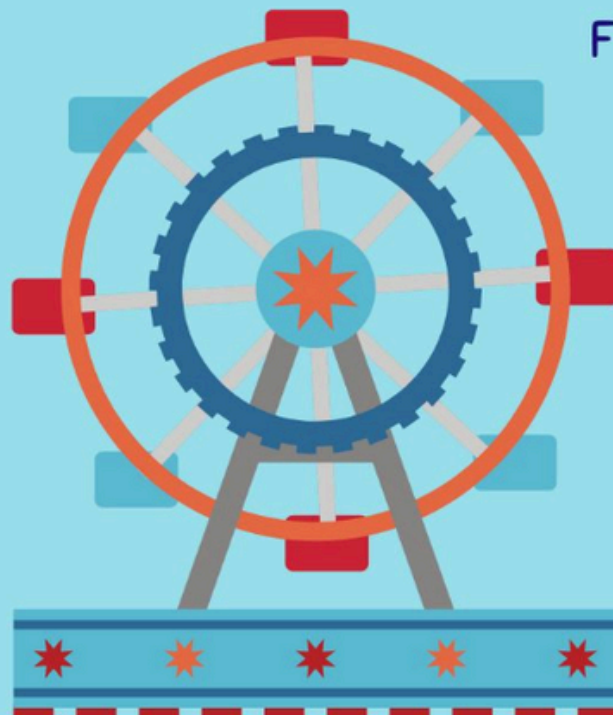
**FREE ENTRY**

FREE PARKING AT PORT VALE FC  
CAR PARKS C & D,

Tombola  
Hook-a-Duck  
& Other  
Games!

Sight Loss  
Awareness  
Activities

FREE Bouncy Castle  
Craft Tent  
Penalty Shoot-Out  
Face Painting  
Rent a Beast  
Bug Club  
Port Vale FC  
Boomer  
Food Vendors



FREE Circus Workshops  
Giant Bubbles  
Disney Princess  
\*12 pm - 1 pm\*  
Staffordshire  
Fire & Rescue Service  
Fire Engine  
Live Music  
Alice's Story Quest

All Proceeds to Staffordshire Sight Loss Association