



01782 950082  
office@hempstalls.staffs.sch.uk  
www.hempstalls.staffs.sch.uk

# newsletter

Dear Parents/Carers

This week the children have been really getting to grips with their new timetables. From Reception beginning their phonics to all of our classes beginning their new class reader texts, and having fabulous launch days - the children have all been Champions!

Yesterday we had a great showcase of class charters. These have been drawn up by all the individual classes based on our school values. The children and staff have signed up to them and will do their very best to follow them all year.

Thank you for all your support. Have a great weekend,

Miss A Bell

15th September 2023

## FOLLOW US

ON OUR SOCIAL NETWORKS



twitter.com/HempstallsA



www.facebook.com/HempstallsPS/

## FREE Heritage Open Days

8th-17th September 2023

To find out more please [click here](#)

## Class names 2023-2024

### Introducing...

#### Nursery:

The Caring Bears

#### Reception:

RB - Mrs B's Busy Bees

RM - Mrs Mullock's Magic Stars

#### Year 1:

1C - Wise Ones

1E - Miss Edmond's Superstars

#### Year 2:

2C - Starlight Twos

2M - Miss McHugh's Marvels

#### Year 3:

3MC - The Fabulous 3s

3P - Terrific Threes

#### Year 4:

4B - The Brainy Bunch

4K - Genius 4s

#### Year 5:

5P - Fascinating Fives

5T - Funky Fives

#### Year 6:

6M - Superstar Sixes

6P - The Hive



Beat the Street is a free, fun initiative that will transform parts of Newcastle-under-Lyme into a giant game!

See how far you can walk, cycle, run, scoot and wheel in just 4 weeks. There are great challenges to enjoy and prizes up for grabs.

**SWIMMING POOL IS NOW OPEN**



time4wellbeing

Time4Wellbeing is a free health and wellbeing service for families with children aged 2-17\*, who live in Staffordshire.



Are you looking to make healthy changes to your family lifestyle? Do you want to be fitter, healthier and happier as a family?

Our health and wellbeing team can help get your family on the right track.

Whether you struggle with portion sizes, have a fussy eater or lack of motivation to be physically active, we can help you and your family to create healthy habits through our FREE support services.

Our dedicated Wellbeing Team are here to help and support you to make positive lifestyle changes.

## Wellbeing corner



Mrs Kirkham's Wellbeing Book Recommendation



## YEAR 6 RESIDENTIAL

Y6 will be doing on residential next week to Boreatton Park, Shrewsbury. Have fun and make some Champion moments.



Please be respectful to our local neighbours when parking around the school area please do not block driveways.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Cheese and Bean Slice with Wedges (v)	Chicken, Leek and Sweetcorn Pasta	Meatball and Tomato Bake with New Potatoes	BBQ Chicken with Rice	Fish Fingers and Chips
Vegetarian	Roasted Tomato and Basil Pasta (v)	Veggie Biryani (v)	Vegan Sausage with New Potatoes and Gravy (v)	Broccoli and Cauliflower Cheese Rice Bake (v)	Samosa and Chips (v)
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw
Deli					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
Vegetables					
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)					
Fruit Shortbread	Iced Carrot Cake	Jelly	Vegan Summer Loaf	Fruit Cheesecake	

Fresh seasonal salad and bread available daily.



### HEALTHY LUNCH BOXES & HEALTHY SNACKS

Please visit the [NHS Healthier Families website](#) for tips and ideas for your child's lunch box and snacks:

[Healthy Snacks Web Link](#)

[Healthy Lunch Box Web Link](#)

### Pre-loved UNIFORM

PLEASE ASK AT THE OFFICE FOR MORE DETAILS

Uniform - we have a section of pre-loved uniform available - please call in to see what we have available.

### Food Pantry

We are taking donations for the food pantry if anyone has a few items spare, non perishable, no nut items to support families.



### General Parent Updates:

Please ensure that all children's belongings are clearly labelled with their name.

All children need to bring a water bottle to school - we have bottles available to purchase in school for £1.

**NO** dogs should be brought onto the school site, even if they are carried. This is a health & safety precaution.

**NO** mobile phones should be used in the school building. If you are in school for any reason, please keep your mobile phone away. For Early Years parents, please ensure that you follow these instructions when dropping off and collecting your child.



Thank you for your support and co-operation with these matters.

## Term Dates 2023/24



### Autumn Term

#### Autumn Term Starts

Wednesday 6th September 2023

#### Finish for Half Term

Friday 27th October 2023

#### School Reopens

Tuesday 7th November 2023

#### Finish for Christmas

Friday 22nd December 2023

### Spring Term

#### Spring Term Starts

Monday 8th January 2024

#### Finish for Half Term

Friday 9th February 2024

#### School Reopens

Tuesday 20th February 2024

#### Finish for Easter

Friday 22nd March 2024

### Summer Term

#### Summer Term Starts

Monday 8th April 2024

#### Bank Holiday

Monday 6th May 2024

#### Finish for Half Term

Friday 24th May 2024

#### School Reopens

Tuesday 4th June 2024

#### School Closes for Summer

Friday 19th July 2024

### Internet Safety FOR FAMILIES



#### Phones

How to start a conversation about using a phone safely.

- Talk with your child about responsible use of their phone
- Discuss what to do if something upsetting or worrying happens
- Explore parental controls



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Staffordshire  
Together for Carers  
Service

# Could you be a YOUNG CARER?

Do you help look after someone in your family who is unwell, disabled, have a mental health or substance misuse issue. Do you...

It is estimated there are  
**700,000**  
Young Carers in the UK, many unaware of the impact that caring is having on their lives



If so, then you could be a Young Carer, and **we can help you**. You are not alone, about **one in 12 high school students are Young Carers**. If you think you are a Young Carer there is support available. **Letting someone in school or us know could help you** get some support. Staffordshire Together For Carers supports Young Carers aged 5-18 through **information, advice, one to one and group activities**.

In your school you can speak to:

For support or more information about accessing support:

Staffordshire Together for Carers

T: 0300 303 0621

E: [enquiries@staffordshiretogetherforcarers.org.uk](mailto:enquiries@staffordshiretogetherforcarers.org.uk)



To access a Young Carer's Assessment contact:

Staffordshire County Council Young Carers' Team

T: 01785 278444

E: [firstcontactcarers@staffordshire.gov.uk](mailto:firstcontactcarers@staffordshire.gov.uk)



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# Do you have a child at **primary school**?

## Would you like to gain lots of **hints and tips** on how to **help them** with their **maths homework**?

Our FREE 'Maths to Help Your Children' program is a series of friendly and supportive sessions that will help you to find out how your children are taught maths in primary school. Discover and try out practical ways of learning, which you can use at home to help you and your children to have fun together and be more confident with numbers.

The course is aimed at Staffordshire residents aged 19+ who do not have a Level 2 maths qualification and would like to improve their maths ability.

**Start date: Wednesday 20 September**

**Time: 10am - 12 noon at Newcastle College**

During this 6-week course, you will spend 2 hours per week exploring a variety of topics including:

- Understanding numbers
- Key skills and number facts which are essential to support understanding
- What your child/children are expected to know by Year 6
- An insight into what KS2 assessment questions look like

Register to join this course here  
or visit [nscg.ac.uk/adults](https://nscg.ac.uk/adults)

For more information, call 01782 254127  
or email [multiply@nscg.ac.uk](mailto:multiply@nscg.ac.uk)



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