



Year 6 Puzzle: Relationships

British Values	RSE Links	Objectives
Mutual Respect Tolerance	Being Safe Mental Wellbeing Internet safety and harm Physical Health and Fitness	Know how to make friends: What is Mental Health? <ul style="list-style-type: none"> I know that it is important to take care of my mental health. I understand that people can get problems with their mental health and that it is nothing to be ashamed of.
Democracy Rule of Law Individual Liberty Mutual Respect Tolerance	Respectful Relationships Being Safe Mental Wellbeing Internet safety and harm Physical Health and Fitness	Try to solve friendship problems when they occur: My Mental Health. <ul style="list-style-type: none"> I know how to take care of my mental health. I can help myself and others when worried about a mental health problem.
Democracy Rule of Law Individual Liberty Mutual Respect Tolerance	Mental Wellbeing Internet safety and harm	Help others to feel part of a group: Love and Loss. <ul style="list-style-type: none"> I understand that there are different stages of grief and that there are different types of loss that cause people to grieve. I can recognise when I am feeling those emotions and have strategies to manage them.
Individual Liberty Mutual Respect Tolerance	Caring Friendships Respectful Relationships Being Safe Mental Wellbeing	Show respect in how they treat others: Power and Control. <ul style="list-style-type: none"> I can recognise when people are trying to gain power or control. I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control.
Democracy Rule of Law Individual Liberty Mutual Respect Tolerance	Caring Friendships Respectful Relationships Online Relationships Being Safe Internet safety and harm	Know how to help themselves and others when they feel upset or hurt: Being Online: Real or Fake? Safe or Unsafe? <ul style="list-style-type: none"> I can judge whether something online is safe and helpful for me. I can resist pressure to do something online that might hurt myself or others.
Democracy Rule of Law Individual Liberty Mutual Respect Tolerance	Respectful Relationships Online Relationships Being Safe Internet safety and harm	Know and show what makes a good relationship: Using Technology Responsibly. <ul style="list-style-type: none"> I can use technology positively and safely to communicate with my friends and family. I can take responsibility for my own safety and well-being.